

## Parenting Education and Training

### Background and Review of the Literature

From a review of the parenting education literature, we learn that a host of researchers conclude that “poor parenting practices represent some of the most robust risk factors for conduct problems in childhood and adolescence,”<sup>1</sup> and that “lack of parental involvement, poor monitoring and supervision, and harsh and inconsistent discipline, have all been established as strong predictors of antisocial outcomes in children and adolescents.”<sup>2</sup> Parenting education, therefore, has been viewed as a means of moderating risk for substance abuse among adolescents;<sup>3</sup> mitigating aggressive, destructive or oppositional actions in children;<sup>4</sup> alleviating depression and reversing delinquency.

The notion of whether parents are strictly responsible for their children’s behavior is complex, of course. Intervening social factors including longer working hours for parents and caregivers, declines in employment at a living wage and financial stress upon families, single parenting and unmarried couples as caregivers, problems of acculturation for immigrant families, and competition for “family time” all contribute to stressful family situations. “Parents are expected to, and expect to, teach children to obey rules, norms, and laws of mainstream society; teach them how to take care of themselves; and share with them the families’ histories and values.”<sup>5</sup>

As far as the efficacy of parent training, a good deal of research has been devoted to evaluating the effectiveness of both behavioral and non-behavioral programs. Lundahl, Risser and Lovejoy (2006), have compiled a meta-analysis of 63 peer reviewed studies of parent training research. Beginning with an initial 2,875 identified studies, these final 63 were selected based upon a set of 9 criteria. Each of these evaluations utilized at least one treatment and one control group and reported pre and post test means and standard deviations. The authors have concluded that the effects immediately following treatment programs were small to moderate. Several interesting, but not surprising, observations gleaned from their review indicate:

- “Family adversity is believed to undermine efficacy of parent training interventions by disrupting parent training processes and implementation of recommendations;”
- Participant characteristics such as “low socioeconomic status, single parent status, young parent age, unstable housing and reliance on government subsidies are associated with poorer outcomes;”
- Child age influences treatment outcomes: younger children benefit most from “child management skills taught in behavioral parent training...[while] older children...benefit more from non-behavioral programs which focus on improving parent-child communication patterns.”
- The features of parent training programs also influence outcomes, including: “differences in theoretical orientation, amount of intervention, qualifications of the person who delivers parent training, mode of delivery (e.g., individual, group, self-directed), therapeutic components provided and targeted recipients.”

In general, Lundahl and colleagues find that “parent training outcomes are expected to be enhanced when behavioral treatments are used, when there is a focus on overcoming practical

barriers (e.g., transportation), and when multisystemic treatment options are presented to families who face high levels of adversity.”<sup>6</sup>

### Summary of an Examination of Findings in Parent Education Programs in Los Angeles

Locally, parenting education and training programs are delivered in many diverse locations and settings. Programs including Headstart and Early Headstart; First 5; Healthy Start; pre-schools; unified school districts; LA Bridges programs; Police Activities Leagues; for-profit businesses and individual practitioners; non-profits including counseling centers and domestic violence shelters; and religious institutions all have a variety of formal and informal parenting programs available to their clients. Parenting education also takes place, however, through individual and family counseling and within home visits by social workers. As listed on the Healthy City website, approximately 130 resources for parenting education are available around Los Angeles.

### Findings from Interviews

Interviews with staff from 20 different parenting programs (see attached list) provided insight into the types of programs available and the make-up of the parents who attend workshops.

Most training is offered through group classes, last 1 ½ to 2 hours per class, are offered weekly and, on average, consist of 10-20 classes per session. *People in Progress* offers 3-6 sessions for individual participants, in addition to one group class. Some programs allow parents to continue on an on-going basis, some have a 2<sup>nd</sup> level “support group” that grow out of the workshop group, some create independent parent “clubs,” some refer to other sources for continuation of services or for follow-up. A few providers offer sessions for up to 52 weeks to accommodate court-ordered clients. All provide support services in house or through referral. After English language classes, Spanish are the most popular; there are several agencies that provide classes in Asian languages. Parents attending classes are not separated by age of child in most of the cases. In a couple of programs which receive funding, their sources do require at least 2 categories of attendees: parents of 0-5 and parents of adolescents. Most clients (estimated between 50%-80%) are mandated to participate in parenting classes and are referred by DCFS, Family Court, or Probation. Fees are, generally, low-cost with charges based on sliding-scales. Some private and government grants help fund programs.

A variety of curricula are used in teaching. Some are widely distributed, including: Breakthrough Parenting, STEP (Systematic Training for Effecting Parenting), Catch Them Being Good and NuParent. *Children’s Bureau of Southern California* created the NuParent curriculum and trains dozens of “partner” agencies on its use. The partners teach the curriculum to their own client base. NuParent is a family support and development program in which classes are based upon developmental milestones of children (birth to 6 months, 6-12 months, 12-18 months, 18-24 months, 24-36 months, 36 months to 5 years). Following a series of 8 sessions, parents are encouraged to join an on-going support group. An evaluation of the curriculum is currently underway.

But most parenting curricula have been developed “in-house” (custom designed) specifically for the provider agency and their clients and/or adapted from another curriculum. Most curricula have not undergone an independent, outcome-based evaluation. A sampling of topics named as “most important” components of the curricula include:

- Anger management/alternative discipline/positive discipline
- Connecting/communication
- Improving parent-child relationships
- Emotional coaching
- Building emotional competency
- Developing self-esteem
- Domestic violence
- Child development/realistic expectations
- Core needs of children
- Behavior modification
- Parents as partners
- Knowledge of gangs and drugs
- Sex education
- Responsibility
- Empowerment

Two popular, “custom designed” curricula used in LA have been created by *SEA* and the *Center for Nonviolent Education and Parenting*. *SEA (Soledad Enrichment Action)* classes are also self-designed and are taught at 33 SEA sites to over 9,500 parents a year. The curriculum was created specifically for parents of high-risk teens. *SEA* reports that they have had “excellent” evaluation results with parents. The curriculum created by the *Center for Nonviolent Education and Parenting (CNVEP)* is designed to teach parents how to be “emotional coaches” for their children and determine what children need to feel unconditional acceptance, affection and appreciation. *CNVEP* is currently undergoing a formal evaluation of the curriculum. This curriculum is used by a number of the LA Bridges programs. It reaches about 5,000 parents a year.

Interviewees were asked what areas of parent training they felt need improvement. Responses named the need for: additional funding; audio-visual materials to use in class training; workbooks to provide to the parents; training to those who mandate parenting education regarding method of referral (i.e., sensitivity to parents’ needs and avoidance of punitive measures and tone as well as an understanding of the length of time needed for parent participation/impact); childcare during parenting classes; staff training for instructors regarding how to address individual student needs within a group setting.

**Parenting Interviews**

	<b>Agency Name</b>	<b>Contact Person</b>
1	Barrio Action Youth and Family Center	Tammy Memreno
2	Boys & Girls Club of Venice	Dr. Harry Drasin Dir. of Counseling
3	Breakthrough Parenting	Dr. Jayne Major
4	Center for Nonviolent Education and Parenting	Ruth Beaglehole
5	Chicana Service Action Center, Inc.	Alicia Reyes Social Services Director
6	Children's Bureau of Southern California	Lani Parente Assoc. in Training & Business Development
7	Children's Institute International	Benilo Ornelas
8	Counseling West	Linda Shudall Instructor of classes
9	Cypress Park Youth and Family Center	Michael O'Connell Director
10	Kheper Life Enrichment Institute	Erica Byrd Executive Director
11	Hathaway (Hathaway Sycamore Child-Family Research Center)	Cilvia Esqueda Director
12	Hathaway Family Resource Center	Yvonne Sarceda
13	Helpline Youth Counseling, Inc.	Jeff Barber Executive Director
14	La Clinica del Pueblo, Inc.	Pat Powell Director
15	People in Progress	Sandra Estrada Program Manager & Parenting Instructor
16	New Directions for Youth	Monica Jackson Executive Director
17	SEA Soledad Enrichment Action	Estela Valle Parenting Program Coordinator
18	Sunrise Community Counseling Center	Dr. Jefferson Sa CEO
19	Toberman Settlement House	Gloria Lockhart President/CEO
20	Vista Del Mar – Julia Ann Singer Center	Stephanie Katzman

<sup>1</sup> Hawes, DJ & Dadds, MR. (2005) *Oppositional and Conduct Problems. Current thinking on psychopathology and the family* (pp.73-91). New York: Elsevier.

<sup>2</sup> DJ Hawes and MR Dadds (2006). Assessing parenting practices through parent-report and direct observation during parent-training. *Journal of Child and Family Studies*, Vol. 15, No. 5, Oct. 2006.

<sup>3</sup> Martha Rueter, RD Conger and S Ramisetty-Mikler (1999). Assessing the benefits of a parenting skills training program: a theoretical approach to predicting direct and moderating effects. *Family Relations*, Vol. 48, No. 1, Jan. 1999.

<sup>4</sup> B Lundahl, HJ Risser, MC Lovejoy (2006). A meta-analysis of parent training: moderators and follow-up effects. *Clinical Psychology Review*, Vol. 26, March 2005.

<sup>5</sup> Laurie Schaffner (1997) Families on probation: court ordered parenting skills classes for parents of juvenile offenders. *Crime and Delinquency*, Vol. 43 No. 4, October 1997.

<sup>6</sup> Op Cit

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>		<b>Zip</b>	<b>Phone</b>	<b>Description</b>
Coalition of Mental Health Professionals, Inc	9130 S. Figueroa., Ste 100		90003	323-777-3120	Counseling Services Disaster Services Domestic Violence Services Sexual Assault Services
El Nido Family Centers	9300 S. Broadway		90003	818-830-3646	counseling services and family life education
Fremont-Washington Community Adult School	7676 S. San Pedro St.		90003	323-778-1651	Adult Education Immigration Services
Children's Bureau	338 Vermont Ave.		90004	323-644-3900	Family Life Education
Children's Institute, Inc	711 S. New Hampshire Ave.		90005	213-385-5100 Ext: 2017	Child Abuse Services Child Care Family Support Services Foster Care Services Mental Health Substance Abuse Services Welfare-to-Work Support Services
Children's Collective, Inc.	3655 Grand Ave., Ste 210		90007	213-747-4046	Case Management Education Services
LA Child Guidance Clinic	3787 S. Vermont Ave.		90007	323-766-2370	Mental Health Services Welfare-To-Work Services
Gwen Bolden Youth Foundation, Inc.	4315 Leimart Blvd.		90008	323-293-6581	Youth Services
Community college Foundation	3530 Wilshire Blvd., Ste 610		90010	213-427-6910	youth services and family support services
Southern California Indian Center, LA	3440 Wilshire Blvd., Ste 904		90010	714-962-6673	Education Services Employment Services Family Life Education Holiday Assistance Personal Goods WIA Programs
Support Services Office	3055 Wilshire Blvd., Ste 1100		90010	213-637-3135	Education Services WIA Programs Youth Services
All Peoples Christian Center	822 E. 20th St.		90011	213-747-6357 Ext: 22	Adult Education Counseling Services Emergency Food Services For Older Adults Youth Services
ARTT of Fatherhood	4701 S. Central Ave.		90011	323-238-0445	NPCL, family support services
Avalon Carver Community Center	4920 S. Avalon Blvd.		90011	323-232-4391	court ordered parenting classes, education, home improvement, substance abuse services
Jefferson community Adult School	1319 E. 41st St.		90011	323-231-1166	Adult Education Immigration Services
LA Metropolitan Churches	4701 S. Central Ave.		90011	323-238-0445	Services for Non-Profit Organizations
SEA South Central School	1037 E. 34th St.		90011	323-233-9119	Family Life Education Substance Abuse Services Youth Services

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>		<b>Zip</b>	<b>Phone</b>	<b>Description</b>
Chinatown Service Center	767 N. Hill St., Ste 400		90012	213-808-1700 Ext: 240	advocacy, business services, court ordered parenting classes, disaster, family planning, financial, health, legal, mental health services, WIA programs
First 5 LA	750 N. Alameda St.		90012	213-482-5902	Administrative Services Education Health Services Information and Referral
Teen Post - Chinatown	600 N. Broadway, Ste D		90012	213-680-0861	Adult Education Legal Services Youth Services
Free Spirit	315 W. 9th St., Ste 101		90015	323-937-1368	Shelter Welfare-to-Work Support Services
Jeffrey Foundation Parent/child Training Center	5443 W. Washington Blvd.		90016	323-965-5430	Child Care Family Life Education
LAUSD Parenting and Family Life Education	333 S. Beaudry Ave., 18F		90017	213-241-3168	Family Life Education
People in Progress	1636 W. 8th St., Ste 103 & 205		90017	213-388-0818	Counseling Services Emergency Food Substance Abuse Services Welfare-to-Work Support Services
United American Indian Involvement, INC	1125 W. 6th St., Ste 103		90017	213-202-3970	Counseling Services Education Services Emergency Food Employment Services Health Services HIV/AIDS services Recreational Programs Substance Abuse Services
Families for Families	2203 S. Harvard Blvd.		90018	323-766-2995	Family Life Education
Girls and Boys Town	3741 W. 27th St.		90018	323-732-2600	Runaway Services Shelter
Youth and Family Programs	3210 Jefferson Blvd.		90018	323-766-5544	Substance Abuse Services Youth Services
Southern California Counseling Center	5615 W. Pico Blvd.		90019	323-937-1344	Counseling Services Domestic Violence Services
Tom Bradley Youth and Family Center	5213 W. Pico Blvd.		90019	323-692-0669	Emergency Food Employment Services Family Life Education Family Support Services Youth Services
Commonwealth Counseling Center	537 S. Commonwealth Ave., Ste G		90020	213-388-6711	Counseling Services
Korean American Family Service Center	3727 W. 6th St. #320		90020	213-389-6755	Child Abuse Services Counseling Services Domestic Violence Services
Pathways	3550 W. 6th St. Ste 500		90020	213-427-2700	Child Care Information And Referral Services for People with Developmental Disabilities

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>	<b>Zip</b>	<b>Phone</b>	<b>Description</b>
Para Los Ninos - 6th Street site	838 E. 6th St.	90021	213-623-8446	Counseling Services Family Life Education Youth Services
SEA Estrada Courts School	3225 Hunter St	90023	323-881-9226	Family Life Education Substance Abuse Services Youth Services
SEA Soto	735 S. Soto St	90023	323-262-8506	Family Life Education Substance Abuse Services Youth Services
Felicia Mahood Senior Multipurpose Center	11338 Santa Monica Blvd.	90025	310-479-4119	Services for Older Adults
Belmont Community Adult School	1575 W. 2nd St.	90026	213-250-9133	Adult Education
Para Los Ninos	234 S. Loma Dr.	90026	213-413-1466	Family Life Education Personal Goods
Resources for Infant Educarers	1550 Murray Circle	90026	323-663-5330	Education Services
St. Anne's Residential Facility	155 N. Occidental Blvd.	90026	213-381-2931	Maternity Homes
Asian Pacific Health Care Venture, Inc	1530 Hillhurst Ave., Ste 200	90027	323-644-3888	Health Services Health Insurance HIV/AIDS Services
Children's Hospital, LA	4650 Sunset Blvd., Mail Stop #59	90027	323-669-2153	Family Planning Services HIV/AIDS Services Hospital Services Substance Abuse Services Welfare-To-Work Support Services
Hollywood Presbyterian Medical Center	1300 N. Vermont Ave.	90027	323-913-4970	Family Planning Services Hospital Services
Assistance League of So Cal	1360 N. St. Andrews Pl., 2F	90028	323-469-5893	Counseling Services Domestic Violence Family Life Education
East LA Skills Center	3921 Selig Place	90031	323-227-0018	Adult Education Immigration Services Job Training Programs ESL Citizenship Preparation Courses
Barrio Action Youth and Family Center	4970 Huntington Dr., El Sereno	90032	323-221-0779	Family Life Education Youth Services
Wilson-Lincoln Community Adult School	4500 Multnomah St	90032	323-223-3311	Adult Education Immigration Services
Centro de Alegria	420 N. Soto St	90033	323-446-0066	Child Care Education Services
Dolores Mission Women's Cooperative	157 S. Gless St	90033	323-881-0010	Child Care Education Services



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East LA Occupational Center	2100 Marengo St.		90033	323-223-1283	Adult Education Immigration Services Job Training Programs
LAPD PAL, Hollenbeck	2111 E. 1st St.		90033	323-881-6762	Youth Services
Lucille Beserra Roybal Youth and Family Center	2130 E. 1st St.		90033	323-526-3033	Employment Services Family Life Education Family Support Services Youth Services
Operation Youth Educational Services	2910 E. Cesar E. Chavez Ave		90033	323-263-6937	Education Services
Puente Learning Center	501 S. Boyle Ave.		90033	323-780-8900	Education Services
Roosevelt Bi-Lingual Community Adult School	456 S. Mathews St.		90033	323-263-9388	Adult Education Immigration Services
Reiss-Davis Child Study Center	3200 Motor Ave.		90034	310-204-1666 Ext: 330	Counseling Services
Vista Del Mar Child and Family Services	3200 Motor Ave.		90034	310-836-1223	Adoption Services Counseling Services Out-Of-Home Care And Placement
Ness Counseling Center, Inc	8512 Whitworth Dr.		90035	310-360-8512	Counseling Services Domestic Violence Services Family Life Education Substance Abuse Services
Manual Arts - Crenshaw/Community Adult School	4131 S. Vermont Ave.		90037	323-234-9177	Adult Education Immigration Services
South Central LA Ministry Project, Inc	104 W. 47th Pl.		90037	323-234-1471	Family Life Education
Home-SAFE	6926 Melrose Ave.		90038	323-934-7979	Child Care Family Life Education
Yosemite Recreation Center	1840 Yosemite Dr.		90041	323-257-1644	Recreational Programs
Hathaway Family Resource Center	840 N. Ave 66		90042	323-257-9600	Counseling Services
Kheper Life Enrichment Institute	3406 W. 75th St.		90043	323-750-7550	Counseling Domestic Violence Services Family Life Education Substance Abuse Services Youth Services
Pride Health Services	8904 S. Vermont Ave.		90044	323-753-5950	Family Life Education HIV/AIDS Services Substance Abuse Services
South LA Rita Walters Learning Complex	915 W. Manchester Ave.		90044	323-789-4717	Employment Services Family Life Education Family Support Services Youth Services
YOU Alternative High School	915 W. Manchester Ave.		90044	323-753-2098	Education Services

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>		<b>Zip</b>	<b>Phone</b>	<b>Description</b>
Youth Opportunities Unlimited	8417 S. Vermont Ave.		90044	323-789-4977	WIA Programs
Airport Marina Counseling Service	7891 La Tijera Blvd.		90045	310-670-1410	counseling services
Westchester-Emerson Community Adult School	8810 Emerson Ave.		90045	310-258-2000	Adult Education Immigrations Services
Western Region Asian Pacific Agency	8616 La Tijera Blvd., Ste 200		90045	310-337-1550	Domestic Violence Services Family Life Education Immigration Services Mental Health Services Welfare-To-Work Support Services Youth Services
People Who Care Youth Center	1500 W. Slauson Ave.		90047	323-778-8905	Child Abuse Services Youth Services
Jewish Family Service of LA	6505 Wilshire Blvd., Ste 500		90048	323-761-8800	Administrative Services Counseling Services Death and Dying Services Donor Services Substance Abuse Services
Girls Academy School	2503 W. 7th St.		90057	213-480-0952	Family Life Education Substance Abuse Services Youth Services
Metro Center, Didi Hirsch	672 S. La Fayette Park Pl., Ste 6		90057	213-381-3626	Counseling Services Mental Health Services Substance Abuse Services
Sunrise Community Counseling Center	537 S. Alvarado St., 2F		90057	213-207-2770	Counseling Services Domestic Violence Services Welfare-to-Work Support Services
Transitional Age Youth Program	2500 Wilshire Blvd., Ste 500		90057	213-639-0299	Mental Health Services
Maxine Waters Employment Prep Center	10925 S. Central Ave.		90059	323-564-1431	Adult Education Immigrations Services Job Training Programs
Parents of Watts	10828 Lou Dillon Ave.		90059	323-566-7556	Adult Education Family Life Education Foster Family Services Holiday Assistance Youth Services
Jordan-Locke Community Adult School	325 E. 111th St.		90061	323-757-8296	Adult Education Immigration Services
Locke Infant/Toddler Center	320 E. 111th St.		90061	323-755-0102	Child Care Education Services
Project Peacemakers	1826 W. 54th St.		90062	323-291-2525	Domestic Violence Services
LA County DMH ED Edelman Westside Mental Health Center	11080 W. Olympic Blvd.		90064	800-854-7771	Employment Services Mental Health Services Welfare-To-Work Support Services

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>		<b>Zip</b>	<b>Phone</b>	<b>Description</b>
Cypress Park Youth and Family Center	929 Cypress Ave		90065	323-226-1682	Employment Services Family Life Education Family Support Services Youth Services
Breakthrough Parenting Services	12405 Venice Blvd., Ste 172		90066	310-823-7846	Family Life Education
Didi Hirsch community Mental Health Center	4760 S. Sepulveda Blvd., Culver City		90230	310-390-6612	Counseling Services Financial Assistance Mental Health Services Older Adults Services
Boys and Girls Club of Venice	2232 Lincoln Blvd., Venice		90291	310-390-4477 Ext: 237	Counseling Services Recreational Programs Youth Services
Vera Davis McClendon Oakwood Youth and Family Center	610 California Ave., Venice		90291	310-305-1865	Employment Services Youth Services
Richstone Family Center	1403 W. Lomita Blvd., Ste 203, Harbor City		90710	310-325-9788	Counseling Services Volunteer Opportunities
Volunteers of America - EHS	1081 W. 257th St., Harbor City		90710	310-257-6892	Early Childhood Education
Harbor Community Adult School	950 W. Santa Cruz, San Pedro		90731	310-547-4425	Adult Education Immigration Services Job Training Programs
Joint Efforts, Inc	505 S. Pacific Ave., Ste 205, San Pedro		90731	310-831-2358	Drug Abuse Services Family Life Education HIV/AIDS Services Welfare-To-Work Services Welfare-To-Work Support Services
Toberman Settlement House	131 N. Grand Ave., San Pedro		90731	310-832-1145	Advocacy Counseling Services Early Childhood Education Emergency Food Financial Assistance HIV/AIDS Services Holiday Assistance Personal Goods Recreational Programs Substance Abuse Services Youth Services
YWCA, Harbor Area	437 W. 9th St., San Pedro		90731	310-547-0831	Child Care Family Life Education Health Services Personal Goods Recreational Programs Services For Older Adults Thrift Shops
Harbor Pregnancy Help Center	705 W. Pacific Coast Highway, Wilmington		90744	310-518-4135	Family Planning Services Personal Goods
La Clinica Del Pueblo, Inc	1547 N. Avalon Blvd., Wilmington		90744	310-830-0100	Family Life Education Substance Abuse Services Welfare-to-Work Support Services

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>		<b>Zip</b>	<b>Phone</b>	<b>Description</b>
LA Harbor College	1111 S. Figueroa Pl., Wilmington		90744	310-233-4450	Adult Education Family Life Education Recreational Programs
Wilmington Neighborhood Family Center	505 W. Pacific Coast Highway, 2F, Wilmington		90744	310-715-8885	Domestic Violence Services
Back in Control	325 S Oak Knoll Ave, Pasadena		91106		Behavior Mod, Support Groups
Center for the Prevention of Family Violence	20944 Sherman Way., Ste 209, Canoga Park		91303	818-883-2132	Domestic Violence Services
Valley Women's Center	21515 Vanowen St., Ste 114, Canoga Park		91303	818-713-8700	Counseling Services Substance Abuse Services Volunteer Opportunities Welfare-to-Work Support Services
Counseling/West	6700 Fallbrook Ave., #207, West Hills		91307	818-999-6164	Counseling Services
California Family counseling Center	5445 Balboa Blvd, Encino		91316	818-386-5600	Counseling Services Domestic Violence Services Post- Secondary Education
Child and Family Guidance Center	9650 Zelzah Ave., Northridge		91325	818-993-9311	Child Abuse Services Disaster Services Residential Mental Health Services School Districts Welfare-To-Work Support Services Youth Services
LA Community Resource Centers	8902 Woodman Ave., Arleta		91331	818-830-7080	Drug Abuse Services Family Life Education Health Services HIV/AIDS Services Welfare-to-Work Support Services Youth Services
Pacoima Youth and Family Center	11243 Glenoaks Blvd., Ste 3, Pacoima		91331	818-834-5179	Employment Services Family Life Education Family Support Services Youth Services
Pacoima Community Youth Culture Center	11243 Glenoaks Blvd., Ste 3, Pacoima		91331	818-896-8878	Family Life Education Transportation Volunteer Opportunities Youth Services
Reseda Community Adult School	18230 Kittridge St., Reseda		91335	818-343-1977	Adult Education Immigration Services

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>		<b>Zip</b>	<b>Phone</b>	<b>Description</b>
Family Stress Center	16861 Parthenia St., North Hills		91343	818-830-0200	Child Abuse Services
Kennedy-San Fernando Community Adult School	11254 Gothic Ave., Granada Hills		91344	818-368-3702	Adult Education Immigration Services
Sol Del Valle Community Center	9000 Sunland Blvd., Sun Valley		91352	818-767-1672	Multipurpose Centers
Temple Judia Community Outreach	5429 Lindley Ave., Tarzana		91356	818-780-4994	Counseling Services
El Camino Real Canoga Park Community Adult School	5440 Valley Circle Dr., Woodland Hills		91367	818-888-1491	Adult Education Immigration Services
LA Pierce College Extension	6201 Winnetka Ave. Woodland Hills		91371	818-719-6425	Education Services Foster Family Services
Help Group Child and Family Center	13130 Burbank Blvd., Sherman Oaks		91401	818-781-0360	Mental Health Services for People with Disabilities Welfare-To-Work Support Services
Nurith Community Counseling Center	14416 Hamlin St. 1F, Van Nuys		91401	818-787-9255	Counseling Services
Positive Alternatives for Youth	14418 Chase St., Ste 205, Panorama City		91402	818-895-5132	Counseling Services Youth Services
Clinical Counseling Center	15300 Ventura Blvd., Ste 503, Sherman Oaks		91403	818-986-1161	Alcohol Abuse Services Counseling Services Drug Abuse Services Legal Services
New Directions for Youth	7400 Van Nuys Blvd., Ste 203, Van Nuys		91405	818-375-1000	Counseling Services Education Services WIA Services Youth Services
Van Nuys Office	6851 Lennox Ave., Ste 100, Van Nuys		91405	818-739-5400	Child Abuse Services Disaster Services Mental Health Services Education Services Welfare-to-Work Support Services
Early Start Program	15400 Sherman Way, Ste 170, Van Nuys		91406	818-778-1900	Services For People With Developmental Disabilities

<b>Parenting Programs</b> <b>Source: Healthy City</b>	<b>Address</b>		<b>Zip</b>	<b>Phone</b>	<b>Description</b>
Friends of the Family	15350 Sherman Way, Ste 140, Van Nuys		91406	818-988-4430	Counseling Services Domestic Violence Services Family Life Education
Community Psychological Services	16055 Ventura Blvd., Ste 728, Encino		91436	818-907-5592	Counseling Services
El Pueblo de Ninos	11630 Hesby St., N. Hollywood		91601	818-980-2287	Early Childhood Education
Center of the Improvement of Child Caring	11331 Ventura Blvd., Ste 103, Studio City		91604	818-980-0903	Family Life Education
Advantage Family Services	6205 Laurel Canyon Blvd., Ste A, N. Hollywood		91606	818-508-7344	counseling services
Five Star Counseling and Educational Services	6205 Laurel Canyon Blvd., N. Hollywood		91606	818-763-6615	Child Abuse Services Domestic Violence Services
Center for Individual and Family Counseling	5445 Laurel Canyon Blvd., N. Hollywood		91607	818-761-2227	Mental Health Services
Village Family Services	5437 Laurel Canyon, Ste 210, N. Hollywood		91607	818-755-8786	Counseling Services Domestic Violence Services Family Life Education

## **Recommendations Regarding the Development of a City Entity for Violence Prevention**

On December 8, 2006, Peace Over Violence convened a focus group to brief key leaders in the domestic violence field (see attached list) in Los Angeles about the current work of the Advancement Project on the Citywide Gang Activity and Reduction Strategy and to stimulate discussion regarding the creation of a city entity to house a violence prevention program. These domestic violence agencies all receive varying amounts of funding from the city for a portion of their programming and are invested in elevating the focus on family violence as part of a city-wide prevention strategy.

Following the presentation by Advancement Project's Susan Lee and Pilar Mendoza, participants raised several concerns:

- Grouping domestic violence programs and program funds together with gang violence prevention programs has the potential to reduce the attention upon the importance and intricacies of domestic violence. Domestic violence is widely accepted as a contributing/root factor in gang/community violence and requires "high visibility" in order for successful prevention measures to be implemented.
- Current city fund levels for domestic violence services are not adequate for far reaching intervention and prevention strategies.
- Naming a city department the "Department of Neighborhood Safety" does not address the nature of violence targeted and does not embrace the need for prevention programming.
- Domestic violence intervention/prevention measures are handled by both the City and the County, compelling a need for cooperation between the two entities. For example, the County Departments of Children and Family Services and Probation are points of entry for many of our clients. We need a "bilateral approach" incorporating City and County agencies in order to effect change.

Further discussion of opportunities and recommendations raised the following points:

- "Housing" domestic violence programs with the gang violence prevention programs has the potential to help elevate the issue of domestic violence within the City structure of departments.
- Cross-training between domestic/sexual violence and gang/community violence prevention providers is necessary and more likely if the two fields are linked.
- The Department of "Youth, Family and Community Safety" (or something of a similar nature) might be a more appropriate title for a new department.
- The "split" between City and County policies, procedures and approaches must be reconciled.

**Focus Group Participants List**

Name	Organization
Vivian Sauer	Jewish Family Service, Family violence Project
Lisa Steele	1736 Family Crisis Center
Ben Schirmer	Rainbow Services
Eve Sheedy	LA City Attorney's Office
Senta Kreger	Sojourn Services for Battered Women and Their Children
Leslie Anne Ross	Children's Institute, Inc.
Chun-Yen Chen	Asian Pacific Women's Center
Ruth Slaughter	Prototypes
Patti Giggans	Peace Over Violence
Cathy Friedman	Peace Over Violence
Susan Lee	The Advancement Project
Pilar Mendoza	The Advancement Project